

EXCEL

Sport and Leadership Program

Focusing on *targeted* physical conditioning and *developing* leadership and *peer mentoring* skills

The EXCEL program is for aspiring young athletes, from all sporting disciplines, and offers coaching, umpiring, organising and sports science opportunities



Contact us

12 Break O'Day Drive
AUSTRALIND WA 6233
9797 4400
australind.shs@education.wa.edu.au

The Course

"Promoting confidence, team work, independence, dedication and leadership success"

Principles prospective EXCEL students are required to apply

- High standard of effort, attitude and enthusiasm
- Excellent organisational skills
- High behaviour standards
- Excellent attendance
- Maintain 'A' or 'B' grade in Physical Education

Developing and applying leadership skills in a range of forums

- Organising sporting competitions
- Umpiring Primary School carnivals
- Marshals and Organisers for events
- Coaching Lighting Carnival teams
- Participate in development excursions and camps



ASHS Special Program

ALUMNI

Brady Hough - West Coast Eagles
Lauren Quaife - Peel Thunder

Course Selection

A full day trial

Nominations are available to Year 7 students to apply for the EXCEL program and participants will be required to attend the full day trial as Year 6 students in Term 3, in order to be considered.

Applicants will require a supporting coach or club trainer reference.

Further Information

Please contact the school
9797 4400

"ASHS has a proud sporting history with many EXCEL Alumni students achieving outstanding personal and team success"

